PATIENT PLAYBOOK

INSTRUCTIONS

1. Follow our instructions and create 10 activities. You can mix, match, and repeat based on what you're best at!

2. The instructions for each activity are on the left-side of the page, and the space to create the activity is on the right-side of the page.

3. Once you've created an activity, cut along the dotted line and remove the instructions.

4. When you've created 10 activities, staple them all together into a packet.

YOUR PLAYBOOK

Here are some activities to make you smile during your stay.
1. Find an easy-to-trace image online.
   - Search the name of the object you want to trace + “clip art” or “cartoon.”
   - If you feel comfortable, you can draw your own image by hand.

2. Trace the object using simple outlines, like would be featured in a coloring book. Use only black marker/pen.
   - Use pencil first, then go over with pen or marker.
   - You can trace directly from your computer (tape a piece of paper over your screen) or trace from a printed out picture.
   - Try to take up the entire page so there isn't too much blank space.

Here's an example:
1. Write a 5-10 sentence story.
   - Keep it simple. If you’re stuck, use one of these prompts: a day on vacation, aliens in outer space, a scene from your favorite movie or TV show or a day in the life of a superhero.

2. When your story is done, remove one or two words from each sentence and replace them with a blank, followed by what part of speech belongs in that blank.

Here’s an example:

My ____________ (noun) is the most ____________ (adj.) in the world! When we go to the beach together, I’m going to bring a ____________ (adj) ____________ (noun). We’re going to ____________ (verb) all day and it’s going to be the most ____________ (adj.) day of the summer!
1. Pull 10 facts from our list.
   - Jellyfish evaporate in the sun. They’re 98% water!
   - The total weight of all the ants on Earth is about the same as the weight of all the humans on earth.
   - It cost 7 million dollars to build the Titanic & 200 million to make a film about it.
   - 2% of earth’s people are red heads.
   - India has more cellphones than toilets.
   - The longest word in the English language is 45 characters long.
   - A lion’s roar can be heard from 5 miles away.
   - The longest MONOPOLY game in history lasted 70 straight days.
   - Dr. Seuss coined the word “nerd”
   - Polar bear fur is not white, it’s clear.
   - The longest recorded time for someone to have the hiccups is sixty-nine years.
   - The Moon is moving an inch away from Earth every year.
   - If a statue in the park of a person on a horse has both front legs in the air, the person died in battle.
   - An average person will spend 1 1/2 years of their lifetime in the bathroom.
   - The longest human beard ever recorded is over seventeen feet long.

2. You can choose three options to turn your facts into questions: multiple choice, fill in the blank or True or False. Follow the examples below to create your questions.
   - Make sure to mix it up. Your questions shouldn’t be only one type.

   **MULTIPLE CHOICE:**
   Florida is bigger than which one of these countries?
   A. China  B. Canada  C. Australia  D. England

   **FILL IN THE BLANK:**
   Florida is bigger than the country of ________.
   **(put each word that you remove (in this case, “England”) in to the word bank box)

   **TRUE OR FALSE:**
   True or False: Florida is smaller than the country of England.

3. Flip your paper so the questions are upside down and fill in the answer key box.
1. Choose 10 short, recognizable words. Think: animals, places, common objects, and names.
   - If you want, make your word scramble themed (e.g. Beach Word Scramble has words like “sand,” “sun,” and “bathing suit.”)

2. Put one word per line in the “scrambled” column. As you write down the word, rearrange the letters so they’re scrambled up.
   - Write the word in capital letters -- it’s easier to read.

Here’s an example:

<table>
<thead>
<tr>
<th>REGULAR</th>
<th>SCRAMBLED</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAND</td>
<td>NSAD</td>
</tr>
<tr>
<td>SUNSHINE</td>
<td>INHSNSUE</td>
</tr>
<tr>
<td>BATHING SUIT</td>
<td>GTABIHN USTI</td>
</tr>
<tr>
<td>LEMONADE</td>
<td>OLELDNAM</td>
</tr>
<tr>
<td>OCEAN</td>
<td>CAONE</td>
</tr>
<tr>
<td>FLIP FLOPS</td>
<td>LPFI OLFSP</td>
</tr>
<tr>
<td>SHARK</td>
<td>KHASR</td>
</tr>
<tr>
<td>SUNSCREEN</td>
<td>NCSNERSUE</td>
</tr>
<tr>
<td>FUN</td>
<td>UFN</td>
</tr>
</tbody>
</table>
TIC TAC TOE
INSTRUCTIONS

1. Draw four tic tac toe boards on your paper. Make them big enough to take up the whole page
   - A tic tac toe board is just a giant #.
   - Each should be 2 inches long
   - Use black marker to create your lines

2. Decorate the page! Use colors and designs to give the page some personality.
1. Pick a theme for your word search.
   - Some theme examples include: animals, states, types of food and the beach.

2. Pick 10-20 words that match your theme.
   - Words should be relatively short -- don’t pick ones that are 20 letters long.

3. Look up the spelling of the words. Misspelling words can lead to confusion for the searcher.

4. Place your words in the word bank.

5. Write all of your words into your grid. Try to evenly distribute the words throughout the grid.
   - Put one letter in each box.
   - Get creative with your placements.
   - You can write the words backwards, forwards, diagonally, and vertically.
   - Make sure that all of the words you listed next to the grid are actually in the puzzle. It’s confusing to look for a word in the word search that isn’t actually there.

6. Fill in any blank boxes with random letters to complete the grid.

WORD BANK

WORD SEARCH INSTRUCTIONS
1. Draw a line or "scribble" on a page.
   - Use one solid color.
   - If you draw a scribble, make it so the line is still clear.

Turn the scribble or line into a shape, animal, person, or entire scene.
MAKE A PUZZLE
INSTRUCTIONS

1. Find a picture online or draw your own on a separate sheet of paper.
   - Pick a fairly simple image -- too many lines or shapes make the puzzle harder to solve.

2. Glue the image onto a piece of construction paper or very thin cardboard.
   - Use cardboard from a cereal box if you have it!
   - Try to use a glue stick. Tape may unstick from the cardboard when you cut it out.

3. Flip the image over so it’s cardboard-side up.

4. Cut up the picture into 10 or 15 evenly sized pieces. Cut in wavy, crooked, or zigzag lines so the pieces will fit together like a puzzle!

5. Put the pieces into a bag and tape or staple the bag to the page.
SPOT THE DIFFERENCES

INSTRUCTIONS

1. Draw a simple scene in Box 1 of a campsite, a shopping mall, even a room in a house.
   - You can even draw something as simple as a stick figure.

2. Photocopy (or redraw) that same image in Box 2.

3. Add or remove 5 things from the image.
   - Change the color of the blanket on a bed, add a bicycle outside of a mall, or remove the s’mores from the plate by a campsite.

4. Flip this paper upside down and write in (very small) the items that you’ve added/changed/removed to the answer key.

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Box 1

Box 2

ANSWER KEY